



FAMILY MENTAL HEALTH SUPPORT

WE CAN HELP WITH SUPPORT FOR YOUNG PEOPLE

The Family Mental Health Support Services provides free early intervention support for families with children and young people showing early signs of, or at risk of developing mental illness.

TALK TO OUR FRIENDLY STAFF TODAY ABOUT MENTAL HEALTH IN YOUR FAMILY

We can offer short-term immediate assistance and intensive long-term early intervention support for young people and their families.

Our support workers are ready to talk, listen and assist you. Individualised support could include:

- Practical assistance and home-based support
- Referrals to relevant community services
- Counselling, family interventions and educational activities

Through this program we will also deliver engaging and informative Mental Health education and community activities, such as public forums.

IMPACT's full host of support services are delivered with a wraparound approach that can be tailored to your exact needs. We work with each person individually in a way that suits them, so all you need to do is talk to us about taking the next step. If you want to learn more talk to the team at IMPACT

The Family Mental Health Support Service is funded by the Australian Government's Department of Social Services

**IMPACT
COMMUNITY
SERVICES**

impact.org.au
LIVE GROW PROSPER

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